

# AODstats - [aodstats.org.au](http://aodstats.org.au)

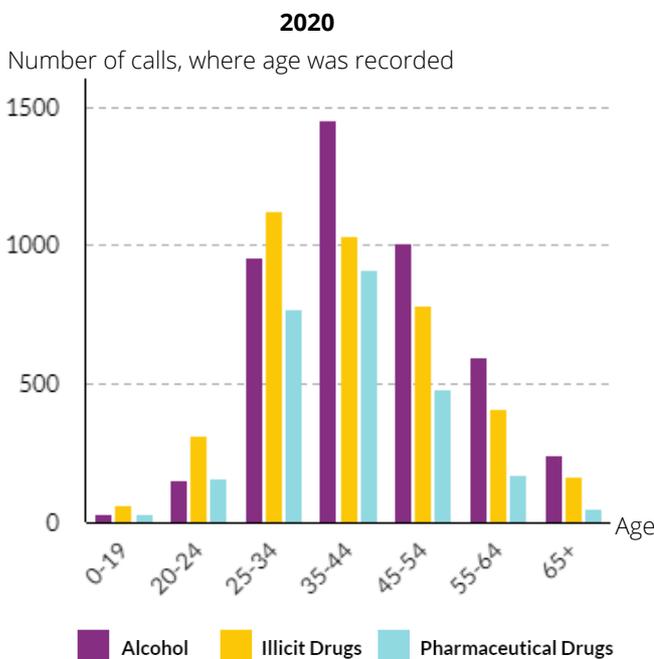
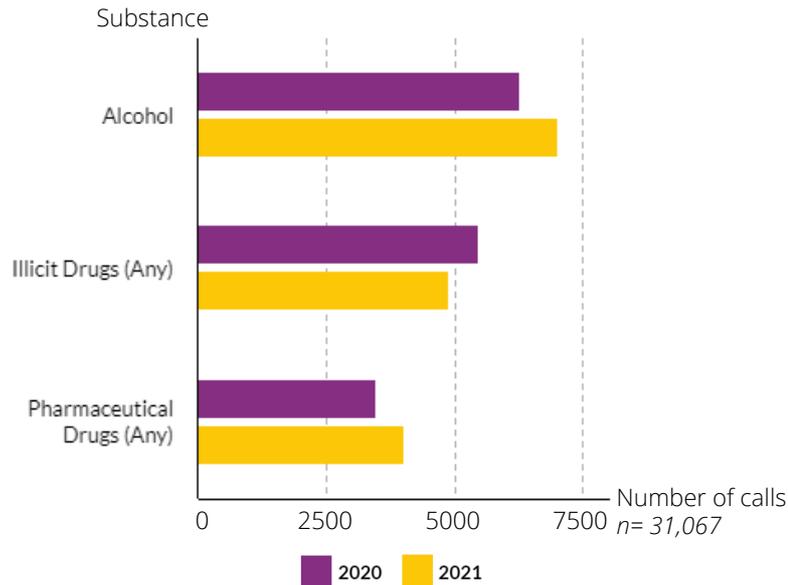
## Bulletin #4

**What's new?** In addition to the DirectLine (CY 21) and Counselling Online (CY 21) data, the following data sets have been released: Ambulance Attendances (FY 21/22), Assaults (FY 20/21) and Family Violence (FY 20/21).

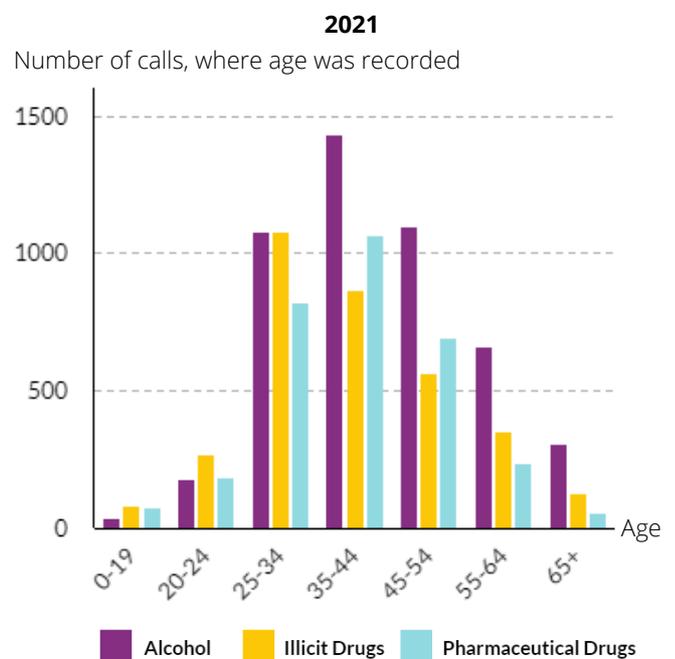
### DirectLine

In 2021, there were 14,274 alcohol and drug-related telephone and counselling referral services received by DirectLine.

-  In 2021, 44% (6,999) related to **Alcohol**.  
An **increase** of 2.7% from 2020, 41.3% (6,255).
-  In 2021, 30.7% (4,885) related to **Illicit Drugs (Any)**.  
A **decrease** of 5.2% from 2020, 35.9% (5,449).
-  In 2021, 25.3% (4,025) related to **Pharmaceutical Drugs (Any)**.  
An **increase** of 2.5% from 2020, 22.8% (3,454).



In 2020, Alcohol-related calls were highest in those aged 35 to 65+.  
Calls for Illicit Drugs were highest in those aged 0-34.

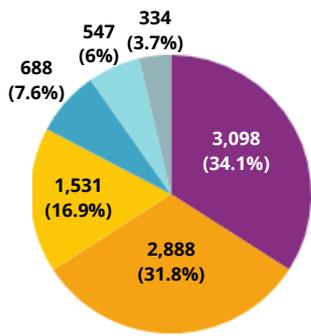


In 2021, Alcohol-related calls were highest in those aged 25 to 65+.  
Calls for Illicit Drugs were highest in those aged 0-24.

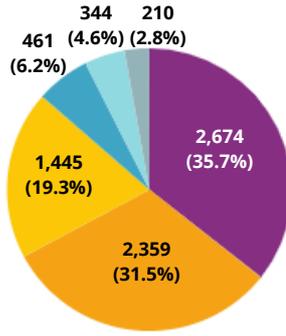
Compared with 2020, in 2021 DirectLine experienced an increase of Pharmaceutical calls across all age groups. In those aged 0-19, the number more than doubled, (31 vs 75).

## DirectLine

**2020- Illicit Drugs**



**2021- Illicit Drugs**



■ Amphetamines (Any) 
 ■ Amphetamines (Crystal) 
 ■ Cannabis 
 ■ Heroin  
■ Other Stimulants 
 ■ Other

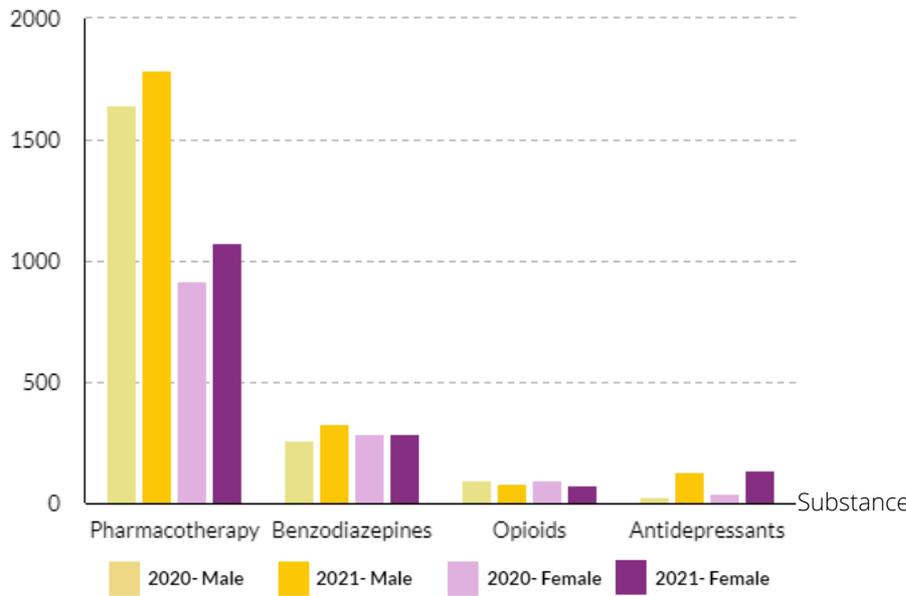
\*Other drugs include GHB, Hallucinogens, and Inhalants

In 2020/21, DirectLine calls for Illicit Drugs mostly involved Amphetamines (Any) (34.1% and 35.7%), Amphetamines (Crystal) (31.8% and 31.5%) and Cannabis (16.9% and 19.3%).

In 2020/21, DirectLine calls for Pharmaceutical Drugs mostly involved Pharmacotherapy (72.8% and 73.1%), Benzodiazepines (15.5% and 15%) and Opioids (5.4% and 3.8%).

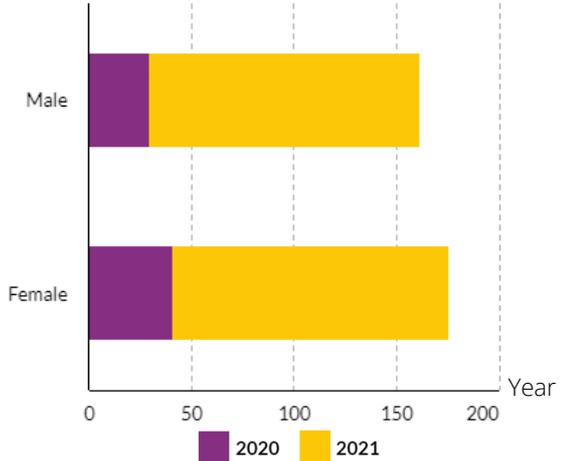
**Top Pharmaceutical Drugs**

Number of Calls



**Antidepressants**

Gender



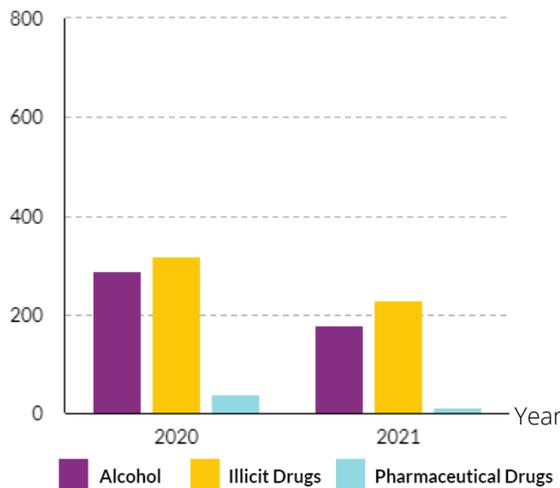
 In 2021, there was a notable increase in DirectLine calls for Antidepressants, compared with 2020, (2% vs 6.3%).

 This was observed in both males and females.

## Counselling Online

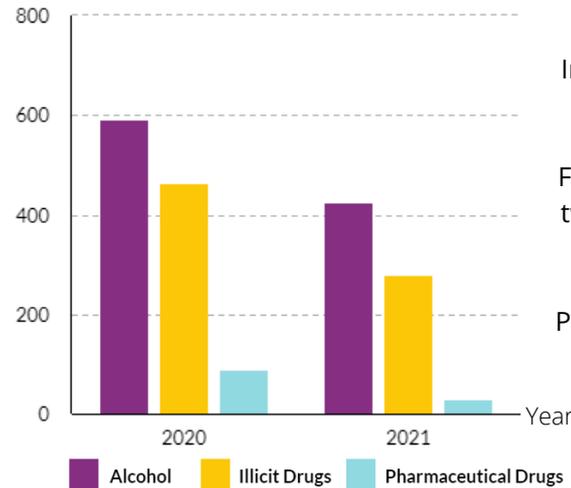
**Males**

Number of calls



**Females**

Number of calls



In 2020 and 2021, more females attended online treatment sessions than males. For the following categories over twice as many females attended compared with males; Alcohol 2020 and 2021, and Pharmaceutical Drugs (Any) 2020 and 2021.